

COUPE DE LA LIGUE

Auvergne-Rhône-Alpes – Saint-Galmier

10 et 11 septembre 2022

Catégorie et composition des équipes

- La discipline vol relatif comprend 2 catégories : « Niveau 1 » et « Niveau 2 ».
- Les équipes sont constituées de 3 équipiers et du vidéo-man. Les sauts du vidéo-man sont pris en charge.

Condition de participation aux catégories :

- Niveau 1 : Les 3 performeurs de l'équipe doivent être titulaires du brevet B2 .
- Niveau 2 : 1 des 3 performeurs de l'équipe doit être titulaire du brevet B2 depuis moins d'un an à la date du 1 septembre 2022.

Déroulement de la compétition

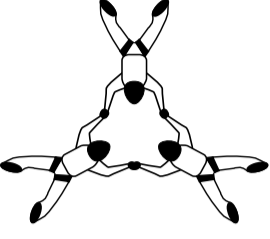
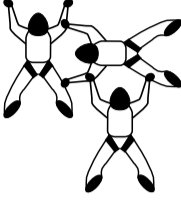
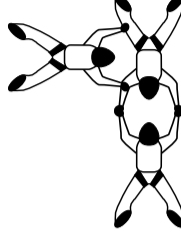
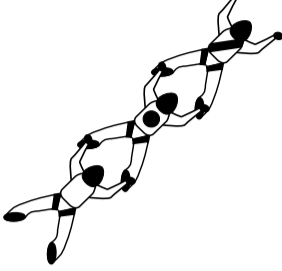
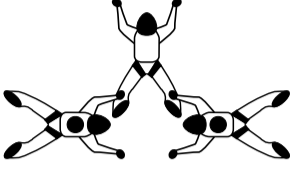
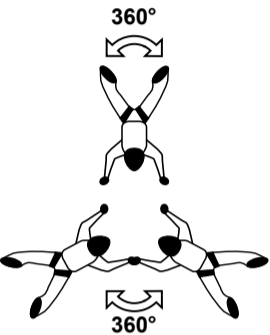
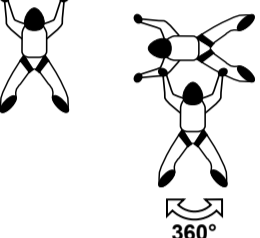
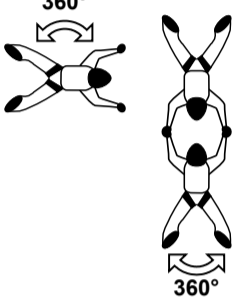
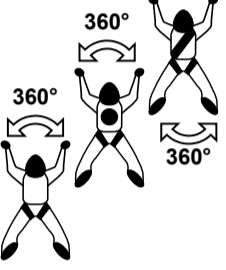
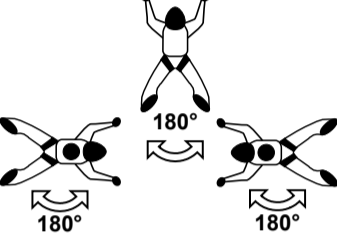
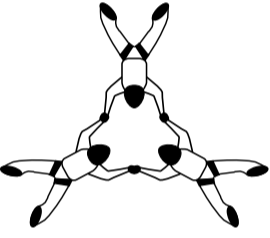
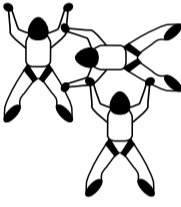
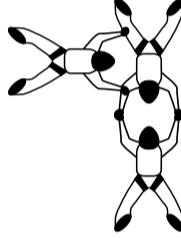
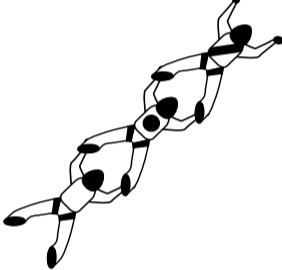
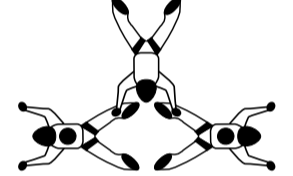
- La compétition se déroule sur 5 manches.
- Le tirage au sort des séquences de chacune des manches est effectué avant le démarrage de la compétition.
- Le tirage au sort est identique pour les 2 catégories.
- La séquence est formée de blocs et de figures libres tirés au sort dans le programme « vol relatif à 3 » présent à la fin de ce document.
- Correctement réalisés, une figure libre = 1 point et un bloc = 2 points
- Une séquence fait au maximum 4 points
- Le jugement et la notation se font selon le règlement sportif de la FFP :
 - Lien <https://www.ffp.asso.fr/wp-content/uploads/2022/02/R%C3%A8glement-Vol-Relatif-2022-02-01.pdf>

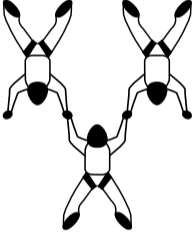
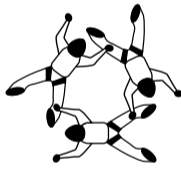
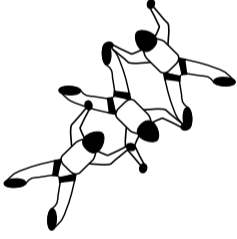
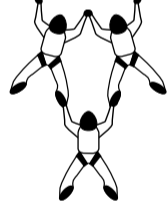
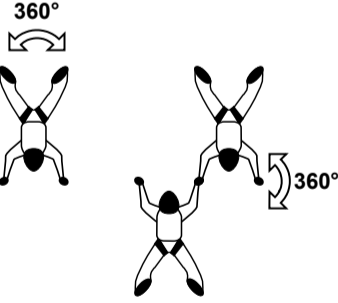
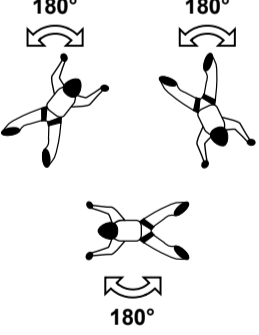
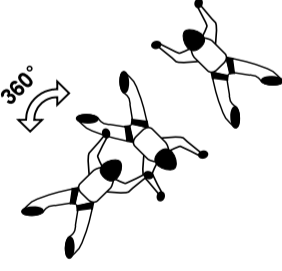
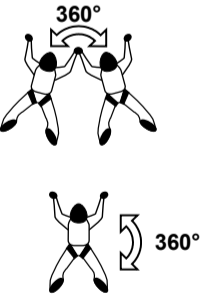
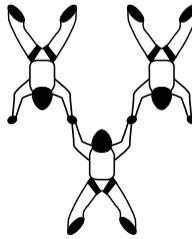
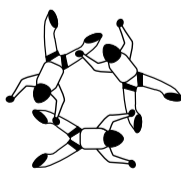
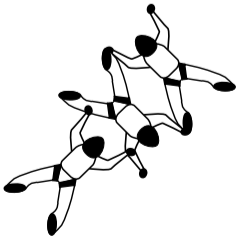
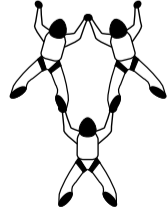
- Accès au règlement par QR code



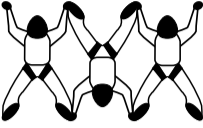
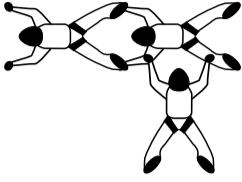
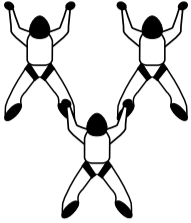
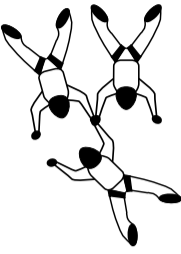
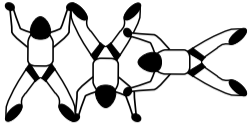
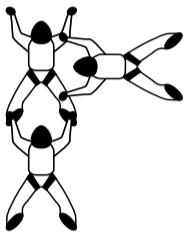
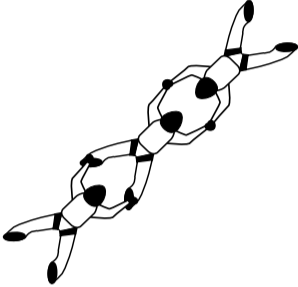
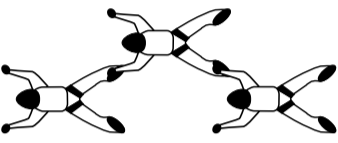
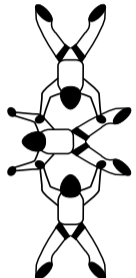
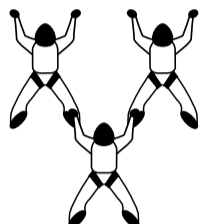
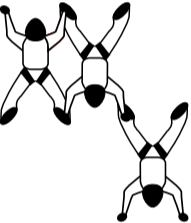
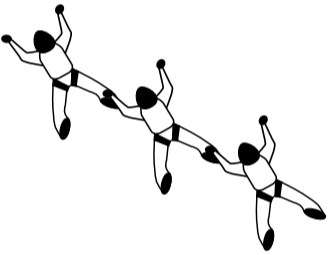
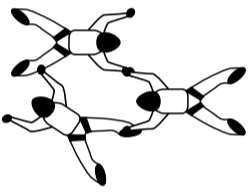
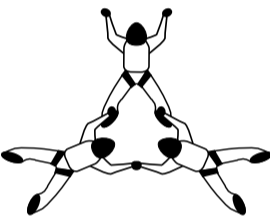
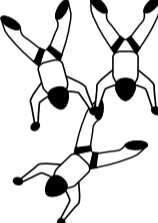
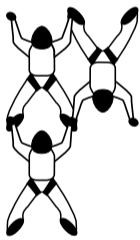
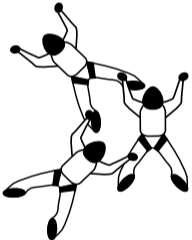
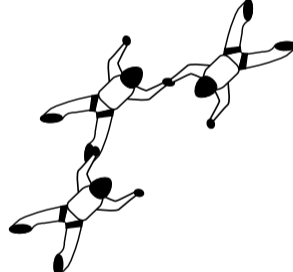
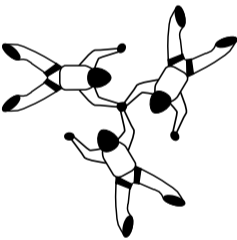
Programme Vol Relatif à 3

Blocs de 1 à 9

1	2	3	4	5
				
Etoile	Side-Body	Sattellite	Caterpillar	Bipole
				
(INTER)	(INTER)	(INTER)	(INTER)	(INTER)
				
Etoile	Side-Body	Sattellite	Caterpillar	Bipole

6	7	8	9
			
Main à main	Donut	Bundy	Té Canadien
			
(INTER)	(INTER)	(INTER)	(INTER)
			
Main à main	Donut	Bundy	Té Canadien

Figures libres

<p>A</p>  <p>Accordéon</p>	<p>B</p>  <p>Vipère</p>	<p>C</p>  <p>Flèche</p>	<p>D</p>  <p>Haljboa</p>	<p>E</p>  <p>Cataccord</p>
<p>F</p>  <p>Crank</p>	<p>G</p>  <p>Flocon</p>	<p>H</p>  <p>Helix</p>	<p>I</p>  <p>Marquis</p>	<p>J</p>  <p>Phalanx</p>
<p>K</p>  <p>Epine</p>	<p>L</p>  <p>Stair Step</p>	<p>M</p>  <p>Meeker</p>	<p>N</p>  <p>Monopod</p>	<p>O</p>  <p>Corail</p>
<p>P</p>  <p>Offset</p>	<p>Q</p>  <p>Opal</p>	<p>R</p>  <p>Diamant</p>	<p>S</p>  <p>Hélice</p>	